

## MUSIC AND MOVEMENT DEN HAAG

Music and Movement den Haag is excited to offer a music summer camp this coming summer 2023, specifically designed for children aged 4, 5 and 6 years old.

Join us for a week filled with musical games, music cinema, music theater, music world exploration, instrument playing, instrument making, dancing, and singing. Our program aims to develop the musical, intellectual, motoric, and expressive abilities of each child in a holistic and enjoyable way.

Children will thrive in our fun-filled group environment, where they are valued and respected as individuals. Through these activities, they will not only enhance their musical skills but also foster creativity as an integral part of their education.

### WHEN?

**From July 10th to July 14th, 2023**

Arrival time: 8:30 to 9:00 AM

Pick up time: 2:00 to 2:30 PM

### WHERE?

Clubhuis Cantaloup

Cantaloupenburg 26a, 2514KL Den Haag

### PRICE?

**€245** per child for the **full week**

**€65** per child for a **single day**

### ENROLLMENT

To register, please complete the application form on our website:

[www.musicandmovementdenhaag.weebly.com](http://www.musicandmovementdenhaag.weebly.com)

Alternatively, you can email us the child's name, age, contact number, and the desired participation days to: [musicandmovementdenhaag@hotmail.com](mailto:musicandmovementdenhaag@hotmail.com)

## SCHEDULE

	8:30-9:00	9:00-10:00	10:00-10:45	10:45-11:30	11:30-12:15	12:15-13:15	13:15-14:00	14:00-14:30
MONDAY	Arrival time	M and M Workshop	Snack and playground	<i>Building instruments</i>	<i>Classical music</i>	Lunch and playground	<i>Music games</i>	Pick up
TUESDAY	Arrival time	M and M Workshop	Snack and playground	<i>Music Theater</i>	<i>Building Instruments</i>	Lunch and playground	<i>Chamber Music</i>	Pick up
WEDNESDAY	Arrival time	M and M Workshop	Snack and playground	<i>Contemporary music</i>	<i>Music puppets</i>	Lunch and playground	<i>Music and emotions</i>	Pick up
THURSDAY	Arrival time	M and M Workshop	Snack and playground	<i>Chamber music</i>	<i>Building instruments</i>	Lunch and playground	<i>World Music</i>	Pick up
FRIDAY	Arrival time	M and M Workshop	Snack and playground	<i>Composing and improvisation</i>	<i>Cinema Music</i>	Lunch and playground	<i>Music games</i>	Pick up

## DESCRIPTION OF THE ACTIVITIES

### **M and M Workshops** IS TIME FOR MUSIC AND MOVEMENT!

Warming up playing games with singing and body percussion. With these games our aim is to develop the voice, as well as rhythmic and auditory skills.

Dance Learn choreographies to popular songs, promoting expression and communication through rhythm and movement.

Musical hearing games and introduction to classical instruments. Participate in games that enhance active listening skills and get introduced to classical instruments.

Playing instruments introduction to the piano and percussion instruments, e.g. African drums, shakers, xylophones and small percussion. Learn basic rhythms and sounds through games, improvisation, and creating new pieces.

### **BUILDING INSTRUMENTS AND MUSIC MATERIAL!**

Children will have the opportunity to build instruments like maracas, kazoos, drums, guitars, castanets, and puppets.

## CHAMBER MUSIC, COMPOSING AND IMPROVISATION TEAM WORK!

Collaboratively develop, create, and improvise music pieces to play together. If your child has their own instrument, they are welcome to bring it!

## THEATER, PUPPETS AND CINEMA MUSIC

Create and perform music for a film, as well as participate in music and puppet theater using percussion, voice, melodic instruments, and instruments crafted during the camp.

## WORLD MUSIC AND CONTEMPORARY MUSIC WORKSHOPS

Embark on a musical journey exploring diverse folklores from India to Africa and engage in contemporary music.

## PLAY GROUND

After each snack and lunch break, we will enjoy time in the enclosed play ground in front of the building. Here nice photos of the location:



## MATERIAL TO BRING TO THE MUSIC CAMP

- Lunch and snacks for each day
- Comfortable clothes and indoor shoes
- Rain clothes and sunscreen
- An old t-shirt for crafts
- Water bottle labeled with the child's name
- Any instrument (if available)

## THE TEACHERS



**Natalia Alvarez-Arenas**, is the main teacher. She has a degree in Education from the Royal conservatory of Madrid, Spain (2009) She gained a Master degree in classical percussion at the Royal Conservatoire in The Hague (2014) and a Master degree in Music therapy by the UNIR (2020).

Since 2012, She is teaching music and movement to children from 1.5 to 7 years old at the HSV international schools of Den Haag and at her own location in Den Haag. She also gives concerts and workshops for babies and people with dementia.

As a Music Therapist, she gives private lessons and she works for REACH and for the Light-House of den Haag with kids with special needs.



**Felicia van den End**, the cover teacher of Music and Movement Den Haag and a great flute player, she gained her education degree with Caroline Ansink and her Master degree in flute at the royal conservatory in Geneva (2011). She is part of the new European ensemble and created the foundation Stichting Sonoro for children with difficult social environment. She also teaches flute to children from 8 years old and adults in her own location.







